



# POLSKI ZWIĄZEK ZAPAŚNICZY

Polish Wrestling Federation | Federation Polonaise de Lutte

## INVITATION

The Polish Wrestling Federation would like to invite you to take part in:

- **XXVIII W. Ziółkowski Memorial** (senior, freestyle)
- **XXIII International Tournament "POLAND OPEN"** (senior, women's wrestling)
- **LXII International W. Pytłasiński Memorial** (senior, greco-roman wrestling)

**Warsaw 1-4 August, 2019**

### I. GENERAL INFORMATION

**Organizer:** The tournament is organised by the Polish Wrestling Federation and conducted under United World Wrestling Rules.

**Date:** 1-4 August, 2019

**Place:** Warsaw

### II. ENTRY FORMS

1. Nominative entries: 10 July, 2019
2. Final entries: 1 August, 2019 **14:00**

### III. TECHNICAL CONDITIONS

1. The competition is held in the following weight categories:
  - FS: 57, 61, 65, 70, 74, 79, 86, 92, 97, 125 kg
  - WW: 50, 53, 55, 57, 59, 62, 65, 68, 72, 76kg
  - GR: 55, 60, 63, 67, 72, 77, 82, 87, 97, 130kg
2. Three (3) mats are used for the competition.
3. Each wrestler must have a current UWW licence.

### IV. FINANCIAL CONDITIONS

1. Accommodation between 1 August, 2019 (supper) and 5 August, 2019 (breakfast) **90EURO/person/day**. Minimum length of stay is 2 nights.
2. We highly appreciate payment in advance. Bank account details:
  - PLN: IBAN PL41 1240 6292 1111 0010 6097 0438 kod BIC: PKOPPLPW
  - EUR: IBAN PL97 1240 6292 1978 0010 7625 9161 kod BIC: PKOPPLPW
  - CHF: IBAN PL95 1240 6292 1797 0010 7625 9129 kod BIC: PKOPPLPW
  - USD: IBAN PL26 1240 6292 1787 0010 7625 9028 kod BIC: PKOPPLPW.

### V. ACCOMMODATION - MEALS – TRANSPORT

1. Accommodation and meals for teams will be ensured by the Organising Committee. The reception will be situated in Airport Hotel Okęcie.
2. All delegations must make transport arrangements from their country to Warsaw and back at their cost.
3. Local transport in Warsaw is free of charge.



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## VI. PROGRAMME (it may be modified and depends on the final number of participants)

1 August, 2019 Thursday	till 14.00	Arrival of <b>FS, WW, GR</b> teams - Airport Hotel Okęcie
	till 14.00	Final entries - Airport Hotel Okęcie <b>FS:</b> 57, 61, 65, 70, 74, 79, 86, 92, 97, 125 kg <b>WW:</b> 50, 53, 55, 57, 59, 62, 65, 68, 72, 76 kg <b>GR:</b> 55, 60, 63, 67, 72, 77, 82, 87, 97, 130 kg
	17.00 - 20.00	Training - SPORTS HALL Arena Ursynów
	19.00 – 20.00	Referees conference – Airport Hotel Okęcie
	20.00 - 21.30	Draw I - Airport Hotel Okęcie <b>20.00-20.30 FS:</b> 57, 61, 79, 92, 97 kg <b>20.30-21.00 WW:</b> 50, 55, 59, 65, 72 kg <b>21.00-21.30 GR:</b> 55, 63, 72, 82, 97 kg
	19.00 - 22.00	Supper – Airport Hotel Okęcie
2 August, 2019 Friday	7.30 - 8.00	Medical examination and weigh-in I (+2) – Airport Hotel Okęcie <b>FS:</b> 57, 61, 79, 92, 97 kg <b>WW:</b> 50, 55, 59, 65, 72 kg <b>GR:</b> 55, 63, 72, 82, 97 kg
	10.00 - 15.00	Elimination rounds - SPORTS HALL Arena Ursynów <b>FS:</b> 57, 61, 79, 92, 97 kg <b>WW:</b> 50, 55, 59, 65, 72 kg <b>GR:</b> 55, 63, 72, 82, 97 kg
	12.00 - 16.00	Dinner - SPORTS HALL Arena Ursynów
	15.00 - 16.30	Draw II - SPORTS HALL Arena Ursynów <b>15.00-15.30 FS:</b> 65, 70, 74, 86, 125 kg <b>15.30-16.00 WW:</b> 53, 57, 62, 68, 76 kg <b>16.00-16.30 GR:</b> 60, 67, 77, 87, 130 kg
	17.00 - 20.00	Opening Ceremony Elimination rounds and ½ Finals SPORTS HALL Arena Ursynów <b>FS:</b> 57, 61, 79, 92, 97 kg <b>WW:</b> 50, 55, 59, 65, 72 kg <b>GR:</b> 55, 63, 72, 82, 97 kg
19.00 - 21.00	Supper – SPORTS HALL Arena Ursynów	
3 August, 2019 Saturday	7.30 - 8.00	Medical examination and weigh-in I (+2) – Airport Hotel Okęcie <b>FS:</b> 65, 70, 74, 86, 125 kg <b>WW:</b> 53, 57, 62, 68, 76 kg <b>GR:</b> 60, 67, 77, 87, 130 kg



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	8.00 - 8.15	Weigh-in II (+2) - Airport Hotel Okęcie FS: 57, 61, 79, 92, 97 kg WW: 50, 55, 59, 65, 72 kg GR: 55, 63, 72, 82, 97 kg
	10.00 - 15.00	Elimination rounds - SPORTS HALL Arena Ursynów FS: 65, 70, 74, 86, 125 kg WW: 53, 57, 62, 68, 76 kg GR: 60, 67, 77, 87, 130 kg
		Repasages - SPORTS HALL Arena Ursynów FS: 57, 61, 79, 92, 97 kg WW: 50, 55, 59, 65, 72 kg GR: 55, 63, 72, 82, 97 kg
	12.00 - 16.00	Dinner - SPORTS HALL Arena Ursynów
	16.00 - 17.00	Elimination rounds and ½ Finals SPORTS HALL Arena Ursynów FS: 65,70,74, 86,125 kg WW: 53, 57, 62, 68, 76 kg GR: 60, 67, 77, 87, 130 kg
	17.00 - 21.00	Finals and Award ceremonies SPORTS HALL Arena Ursynów FS: 57, 61, 79, 92, 97 kg WW: 50, 55, 59, 65, 72 kg GR: 55, 63, 72, 82, 97 kg
	19.00 - 21.00	Supper – SPORTS HALL Arena Ursynów
4 August, 2019 Sunday	7.45 - 8.00	Medical examination and weigh-in II (+2) – Airport Hotel Okęcie FS: 65,70,74, 86,125 kg WW: 53, 57, 62, 68, 76 kg GR: 60, 67, 77, 87, 130 kg
	12.00 - 13.00	Repasages - SPORTS HALL Arena Ursynów FS: 65,70,74, 86,125 kg WW: 53, 57, 62, 68, 76 kg GR: 60, 67, 77, 87, 130 kg
	12.00 - 16.00	Dinner - SPORTS HALL Arena Ursynów
	14.00 - 18.00	3/5 Finals and Finals and Award ceremonies - SPORTS HALL Arena Ursynów FS: 65,70, 74, 86, 125 kg WW: 53, 57, 62, 68, 76 kg GR: 60, 67, 77, 87, 130 kg
	18.00 – 20.00	Supper – SPORTS HALL Arena Ursynów
5 August, 2019 Monday	After breakfast	Departure of <b>WW</b> and <b>GR</b> and <b>FS</b> teams



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All participants who need visas are asked to arrange their meetings in the Polish Embassies in advance (the procedure might take up to 4 weeks).

Please send a list of participants with their passport details till 1 July, 2019.

The correspondence relating to the tournament must be sent to:  
POLSKI ZWIĄZEK ZAPAŚNICZY ŻELAZNA 67/73 St., 00-871 WARSZAWA  
TEL/FAX: (0048-22) 624-81-11 E-MAIL: [pol@unitedworldwrestling.org](mailto:pol@unitedworldwrestling.org)

## TRAINING CAMPS - INVITATION

We would like to invite you to the training camps:

- FREESTYLE 18 July, 2019 – 1 August, 2019 in COS Władysławowo
- GRECO-ROMAN 22 July, 2019 – 1 August, 2019 in COS Spala
- WOMEN'S WRESTLING 5 August, 2019 – 10 August, 2019 in COS Spala

The cost of board and lodging during the camp is 60,00EURO/person/day + **TRANSPORT**.

**Please contact the organizer to confirm the transportation costs.**

THE NUMBER OF PLACES IS LIMITED SO PLEASE CONFIRM YOUR PARTICIPATION IN THE TRAINING CAMP TILL 1 JULY, 2019.

SEKRETARZ GENERALNY  
Polskiego Związku Zapasniczego  
*Agnieszka Roszkiewicz*  
Agnieszka Roszkiewicz



# POLSKI ZWIĄZEK ZAPAŚNICZY

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## NOMINATIVE ENTRY FORM

**XXVII W. Ziółkowski Memorial (senior, freestyle)**

**Warsaw 1-4 August, 2019**

### FREESTYLE

**DEAD LINE: 10 July, 2019**

NATIONAL FEDERATION .....

TOTAL NUMBER .....

COACHES .....

REFEREES .....

DOCTORS .....

OFFICIALS .....

**WRESTLERS (given names and surnames)**

57kg .....

61kg .....

65kg .....

70kg .....

74kg .....

79kg .....

86kg .....

92kg .....

97kg .....

125kg .....

ARRIVAL DATE: ..... TIME: ..... FLIGHT NUMBER: .....

DEPARTURE DATE: ..... TIME: ..... FLIGHT NUMBER: .....

DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_



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## NOMINATIVE ENTRY FORM

XXII International Tournament "POLAND OPEN" (senior, WOMEN'S wrestling)

Warsaw 1-4 August, 2019

### WOMEN'S WRESTLING

**DEAD LINE: 10 July, 2019**

NATIONAL FEDERATION .....

TOTAL NUMBER .....

COACHES .....

REFEREES .....

DOCTORS .....

OFFICIALS .....

WRESTLERS (given names and surnames)

50kg .....

53kg .....

55kg .....

57kg .....

59kg .....

62kg .....

65kg .....

68kg .....

72kg .....

76kg .....

ARRIVAL DATE: ..... TIME: ..... FLIGHT NUMBER: .....

DEPARTURE DATE: ..... TIME: ..... FLIGHT NUMBER: .....

DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_



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## NOMINATIVE ENTRY FORM

LXI International W. Pytłasiński Memorial (senior, greco - roman wrestling)

Warsaw 1-4 August, 2019

### GRECO - ROMAN

**DEAD LINE: 10 July, 2019**

NATIONAL FEDERATION .....

TOTAL NUMBER .....

COACHES .....

REFEREES .....

DOCTORS .....

OFFICIALS .....

WRESTLERS (given names and surnames)

55kg .....

60kg .....

63kg .....

67kg .....

72kg .....

77kg .....

82kg .....

87kg .....

97kg .....

130kg .....

ARRIVAL DATE: ..... TIME: ..... FLIGHT NUMBER: .....

DEPARTURE DATE: ..... TIME: ..... FLIGHT NUMBER: .....

DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_